Redbrook Hayes Primary School PSHE including RSHE

Red = KS1 Statutory Black = Economic Wellbeing Blue = KS2 Statutory

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Making friends: playing and learning together	Mental health and wellbeing.	Showing kindness to ourselves and others.	Safety at home.	Being healthy.	Celebrating me, you and our families
Year 2	Mental health and well-being.	Keeping safe online.	Money and work.	Safety outside the home.	Looking back and moving on.	Me, my body and staying safe.
Year 3	Building healthy habits.	Mental health and well-being.	Making choices online.	Keeping safe out and about.	Looking out for each other.	Me, my friends and belonging.
Year 4	Mental health and well-being.	Exploring ways to manage risk.	Forming respectful relationships.	Money matters and news literacy.	Families and growing together.	Me, my body and growing up.
Year 5	Friendships, stereotypes, and bullying.	Mental health and well-being.	Positively engaging with our world.	Safe Connections – online safety.	Embedding healthy habits and learning first aid.	Respecting boundaries.
Year 6	Mental health and well-being.	Managing money and online spending.	Drug education: assessing risk and managing influences.	Developing our AI literacy.	Looking to the future.	Changes - puberty.